



# FICS News

[www.fics-sport.org](http://www.fics-sport.org)

MAISON DU SPORT INTERNATIONAL, AVENUE DE RHODANIE 54, CH-1007 LAUSANNE



## President's Message *Sheila Wilson, DC, ICSSD*

Most international organizations have limited resources, and there is always room for improvement and work to be done. FICS is no exception. But when the Executive looked at things at its monthly teleconference meeting this month it was excited at the progress being made.

Members and sports chiropractors around the world are reporting increased access to games events and integration into sports medicine teams. Under Dr Tim Stark's leadership, but with the assistance of many of you, the ICSSD program is flourishing, increasing the number of doctors qualified in our specialty. The number and quality of new masters degree programs is growing.

Our participation in SportAccord is producing results, as seen in the invitation for FICS to provide chiropractic services for the World DanceSport Federation at its recent Latin Dance Championships in Singapore. FICS is ahead of budget and in sound financial shape.

After the merger of ISCA with FICS at the Rio Assembly in April there is not only unity but a true sense of unity of

*Continued on pg 2...*



Founded in 1935 and marking its 75<sup>th</sup> Diamond Anniversary last year, Logan College of Chiropractic of Chesterfield, Missouri, is one of the largest chiropractic colleges in North America with approximately 1,100 students. The college has one of the lowest tuition rates among chiropractic colleges and offers its students a demanding curriculum, taught by highly qualified faculty, and state-of-the-art educational and learning facilities.

Logan's Master of Science degree in Sports Science and Rehabilitation, accredited by the Higher Learning Commission of North Central, offers students numerous opportunities to participate in multidisciplinary clinical settings with professional, collegiate and high school sports teams. In addition, the state-of-the-art BIOFREEZE® Sports & Rehabilitation Center, under the direction of nationally-known sports chiropractor Laney Nelson, DC, DACBSP, is located on the Logan campus and is specifically designed to treat athletic injuries.



## Pan Am Games Update Team selection

*Timothy W Ray DC FACO ICSSD*  
*Chair, FICS Games Commission,*  
*Joint Chef du Mission,*  
*Chiropractic Team, Pan Am Games*

This year FICS and the chiropractic profession have finally achieved their long-term goal of full inclusion of chiropractic services at the Pan American Games. At last there is a level playing field and all athletes will have the choice of chiropractic care.



The XVI Pan American Games are to be held in Guadalajara, Mexico from October 14-30 2011, and for the first time chiropractic services are available as part of the core medical services available to all athletes in the polyclinic. It is an honor to be Joint Chef du Mission with Dr Angela Salcedo.

The polyclinic provides ambulatory acute care services for athletes and houses a wide variety of health practitioners, such as internists, orthopedists, physiatrists, ophthalmologists, podiatrists, physical therapists, exercise physiologists, athletic trainers, massage therapists and nurses. Most injuries are typically directed through the polyclinic. The exception is athletes who consult medical specialists brought by their own national team.

Yes, these games will be different. However there will be great responsibility for these sports chiropractors, chosen to step through this door of opportunity. Because of the status of elite athletes today no other specialty in our profession has higher visibility than sports chiropractic. For these reasons the FICS Games Commission has adopted a rigorous selection and credentialing system described below.

*Continued on pg 10...*

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## PRESIDENT'S MESSAGE CONTINUED...

purpose in international sports chiropractic, which we must all work hard to continue. Further, there is a new level of collaboration with national associations, which are understanding the importance of sports and sports chiropractic to the overall advancement of chiropractic. A good example is seen in the UK, where the first combined autumn conference of the British Chiropractic Association and the British Chiropractic Sports Council this past month was a great success.

However the jewel in the crown is full chiropractic inclusion in the XVI Pan American Games to be held in Mexico from October 14-30. As FICS Games Commission Chair Dr Tim Ray says in his report in this FICS News, FICS and its members have worked for many years for this – availability of chiropractic services to all athletes in the games polyclinic and as an integral part of the host medical services.

So congratulations to those who have played a major role in the preparations for the chiropractic team for this historic milestone. They include Dr Saul Luengas, COPAG Chief of Chiropractic Services, Dr Moises Hernandez, FMQD President, and Drs Gordon Lawson, Tim Ray, Dale Richardson, Angela Salcedo and Phil Santiago on the Planning Committee.

But congratulations also to those who have gone before them all the way back to FICS Founder Dr Stephen Press.

Others I should acknowledge are Parker College's President Dr Fabrizio Mancini and Dr Juan Sanchez, and FICS Counsel David Chapman-Smith, all of whom assisted FICS in negotiation of its contract for chiropractic services with COPAG.

Finally congratulations to all who applied to serve at the Games, and particularly those 38 chosen and confirmed and listed in the report from Dr Ray. I am pleased to announce that he and Dr Angela Salcedo will serve as Chefs du Mission.

On one hand you are in for a truly wonderful experience. I appreciate that from my own past World Games and other experience. On the other hand you have a high duty and responsibility to represent the profession with distinction, for the benefit of the athletes we serve and because many in the Olympic Movement and elsewhere are watching and judging this introduction of chiropractic services.

The FICS ExCo and I have full confidence in you. On behalf of the FICS membership, congratulations once more and we look forward to news of your success.



## FROM THE EDITOR MUSTAFA AGOAGLU, DC



Thank you to all those who have submitted articles for this issue of the FICS News, which carries stories from and about Asia, Europe, Latin and North America and the Pacific. You will also see that the ICSSD program is to be given for the first time in Israel in February 2012.

Students, see the FICS Scholarships notice – you only have until October 30 to file your application.

I have found that many doctors do not appreciate that this and past issues of the FICS News are all available at our website [www.fics-sport.org](http://www.fics-sport.org). This means that news published here is not only current news but a living history of sports chiropractic.

This provides even more incentive for you to send us your news. Plan now to submit an article for our end of year issue in December. Meantime, I wish all of you – and particularly those of you in our Pan Am Games team – continuing success in your sports chiropractic practice.

*Submissions for the December 31 issue should be sent by December 15 to FICS Executive Secretary Amandip Gill at [agill@fics-sport.org](mailto:agill@fics-sport.org).*

We ask everyone to keep two dear friends and colleagues, Dr Mustafa Agoaglu and Dr Aysegul Ozturk, both of Turkey, foremost in their thoughts and prayers in the weeks ahead. In July Mustafa lost his mother and had a brother seriously injured in a traffic accident. Just weeks later Aysegul was in a coma following a serious head injury in another car accident.

Both remain in hospital but are slowly recovering. Dr Agoaglu represents the Eastern Mediterranean on the FICS ExCo, and Dr Ozturk is the Past President of the Turkish Chiropractic Association.

*From the FICS Executive Council*



*Aysegul Ozturk at FICS Assembly*

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## FUTURE EVENTS



### **ICSSD Hands-on Module (Lower Extremity)**

October 13-17, 2011  
Lausanne, Switzerland



### **ICSSD Hands-on Module (Lower Extremity)**

February 2012  
Tel Aviv, Israel  
Contact: Dr Richard Gakner [polegchiro@yahoo.com](mailto:polegchiro@yahoo.com)

## ADMINISTRATION

### **FICS Headquarters:**

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## Notice of 2011 FICS Student Scholarships



FICS, the international organization representing the specialty of sports chiropractic, is pleased to announce four US\$1,000 sponsorships for chiropractic students generously donated by **Erchonia Laser Healthcare** ([www.erschonia.com](http://www.erschonia.com)), **Foot Levelers** ([www.footlevelers.com](http://www.footlevelers.com)), **Logan College of Chiropractic** ([www.logan.edu](http://www.logan.edu)) and **Standard Process** ([www.standardprocess.com](http://www.standardprocess.com)). These scholarships are open to chiropractic students worldwide, except the one sponsored by Logan College which is open to Logan students only.

### Requirements.

Enrolled fulltime at an accredited/recognized chiropractic school, graduating in or after 2012.

#### 1. Submission of:

- (a) 500-750 word essay concerning the importance of sports chiropractic services to athletes in training and competition, and to the future growth of the chiropractic profession.
- (b) A description of personal participation in fitness and sports activities (100-200 words).
- (c) A description of contributions to sports chiropractic at the college and/or otherwise – e.g. participation in the students sports chiropractic council activities; volunteer services at the college at sporting events and otherwise; published news articles or research; any other activities promoting sports chiropractic (100-200 words).
- (d) Letter from faculty member teaching sports chiropractic and/or related subjects confirming good character and academic standard and recommending award.

**Deadline for Applications.** October 30, 2011. Successful applicants notified by November 30, 2011.

### Winners in 2010:

**Jo Adriaenssen**, Institut Franco-Européen de Chiropratique (IFEC), France. **Nicholas Curry**, Logan College of Chiropractic, USA. **Raluca Duma** – University of Bridgeport, College of Chiropractic, USA. **Catherine Hughes** – Anglo-European College of Chiropractic, UK.

**How to Apply?** Use the Application Form available at Education/Student Scholarships at [www.fics-sport.org](http://www.fics-sport.org) and return it to Amandip Gill, FICS Executive Secretary at [agill@fics-sport.org](mailto:agill@fics-sport.org) or at fax: 1 416 484-9665.

# UPDATE FROM THE SECRETARY-GENERAL

BY PHILIP SANTIAGO



## SportAccord

In the June issue of the FICS News - like all past issues available at [www.fics-sport.org](http://www.fics-sport.org) - Dr. Brian Nook reported on the SportAccord convention in London and his meeting with leaders of, the World DanceSport Federation to discuss introduction of chiropractic services at their events.

Below you will see the letter of invitation received by FICS to provide a team for the World Latin DanceSport Championship in Singapore on September 10. Dr Nook and Dr. Robert Wasserman of Singapore, who also represents Asia on the FICS ExCo, led a team of four. See the report on page 13.



Brian Nook,  
Chairman,  
International Federation Committee  
FICS

Dear Brian,

On behalf of World DanceSport Federation, I take great pleasure in inviting you and Dr Robert Wasserman to be representative of FICS, to provide chiropractic care and services to the athletes participating in the 2011 WDSF World DanceSport Championship Latin.

This year's World Championship Latin will be held at the Grand Ballroom, Suntec Convention Centre, Singapore on 10 Sept.

This year's event is promising to be a record breaker with 184 athletes from 51 countries. I have assigned a suitable location outside the Ballroom for you to be used as a treatment centre.

We had a memorable time working together at the last World Games in Kaohsiung. I am sure many athletes with injuries who had been treated by your team in Kaohsiung benefited with a speedy recovery.

The WDSF and our athletes are grateful to you and your team from FICS. We look forward to have your support for all our major events.

Yours Faithfully

Shawn Tay  
WDSF General Secretary

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## Pan American Games

See the full report in this FICS news. The opening event, the Sports Medicine Congress, held in Guadalajara from July 27-30, gave excellent profile to sports chiropractic research and clinicians.

In the first week of October I join Dr. Saul Luengas, Dr. Tim Ray and Dr. Angela Salcedo in a final site visit to ensure all facilities and systems are in place for our sports chiropractic team. On October 14 the XVI Pan American Games commence. We have these sponsors to thank for their very generous support:

- **Logan College of Chiropractic University Programs** for sponsorship of both the Sports Medicine Congress and the Games.
- **AsoFarma de Mexico, Northwestern Health Sciences University and SpiderTech** for the Sports Medicine Congress
- **Narson Tables** of Miami, Florida for 10 quality portable tables that will be used by the FICS team.

Thank you to almost 100 doctors who applied to be on the sports chiropractic team and congratulations to those of you chosen to go and volunteering your time and services.

In conclusion a special note of thanks to **NCMIC Insurance** for agreeing to extend malpractice coverage for these Games to its several insured doctors from the US that are part of our team.

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### ICSSD

In the last issue of the FICS news, and on your behalf, I thanked several FICS volunteers for their outstanding work with the FICS International Chiropractic Sports Sciences Diploma (ICSSD) program. Now we have others to thank:

- **Dr. Deb Nook (Australia)** administrator for the Australasian ICSSD Programs, including the recent successful module in Sydney - See Deb's report under Around the World/Australia.
- **Drs. Richard Gakner and Gilon Gobrin (Israel)** for work on the ICSSD to be held in Israel.

### FICS Student Scholarships

See the notice in this FICS news and at the website. Applications are due by October 30, 2011. Are you a chiropractic student, or do you know one who should be submitting an application for one of these 4 awards of US\$1,000?

Thank you to these generous sponsors of our FICS scholarships:

- **Erchonia Health care** – [www.erschonia.com](http://www.erschonia.com)
- **Foot Levelers** – [www.FootLevelers.com](http://www.FootLevelers.com)

- **Logan College of Chiropractic** – [www.logan.edu](http://www.logan.edu)
- **Standard Process** – [www.standardprocess.com](http://www.standardprocess.com)

### New FICS Executive Secretary - Amandip Gill

Sandra Brown, who gave us such excellent service as FICS Executive Secretary for the past 2 years, left us as of September 1, 2011. Sandra, who is originally from the Netherlands, and her husband have moved to France.

Please join me in welcoming her successor Amandip Gill, who may be contacted at [agill@fics-sport.org](mailto:agill@fics-sport.org) and 1 (416) 484-9091.



Amandip Gill



Sandra Brown

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## WOA CHIROPRACTIC SCHOLARSHIP PROGRAM FOR OLYMPIANS

BY ANGELA SALCEDO DC, CHAIR, FICS WOA COMMISSION



*The World Olympians Association (WOA) is an influential international organization representing the interests of current and past Olympians. FICS now has a WOA Commission to handle relations with the WOA, including a scholarship program for Olympians wanting to become chiropractors.*

*In the following article Dr Angela Salcedo of Washington DC, Chair of the FICS WOA Commission, reviews the history and results of the scholarship program.*

Since the World Olympians Association (WOA) established an Office of the Americas in Miami in 2001 the focus of the office has been to look for different opportunities, academic and job-related among others, to support its members, the Olympians.

When Dr Tom Hyde met WOA Secretary-General Liston Bochette, Mr. Jose Rodriguez and others in Miami, Florida in 2002, he was advised that the WOA needed three things from the chiropractic profession for their members: education; chiropractic care around the world and event coverage by sports chiropractors.

Out of this meeting an Olympian Scholarship Program (OSP) was born and an organization named the International Sports Chiropractic Association (ISCA) was created to build it. In the past year FICS and ISCA have agreed to work together on this important program providing support for Olympians and the Olympic Movement.

The OSP, which is proving most successful, allows qualified Olympic athletes from anywhere in the world to access academic scholarships to study chiropractic medicine. The program has growing support from chiropractic educational institutions in the United States, Canada, England, and Mexico. Currently there continue to be discussions with other institutions around the globe in an attempt to establish further relationships like those in force.

A main goal of the OSP is to provide Olympians around the world with a chiropractic qualification that few would have the opportunity to obtain in their countries, and have them return to their own communities to provide chiropractic care. The scholarship program covers all tuition expenses for the duration of the program.

Olympians need to cover their own room, board and miscellaneous expenses. Most chiropractic institutions allow their Olympian scholars to work/tutor at their campuses to help meet these expenses. The value of each scholarship well exceeds US\$100,000 and, given the number of schools offering OSP scholarships, total value is well over \$1 million.

In order to qualify for the scholarship the Olympians need to meet certain academic pre-requisites as stipulated by the academic institution of their preference. Once such pre-requisites are met and the Olympian is accepted into the

chiropractic program, the scholarship remains active until the completion of the studies. Of course, the Olympians, as every other student, need to stay academically eligible throughout the course of his/her studies.

The first Olympian to receive an OSP chiropractic scholarship has been Jamaican Olympic track star and 400m hurdler Neil Gardner who participated in the 1996 Olympics in Atlanta, Georgia. Neil, also an NCAA champion when he attended the University of Michigan, was granted a scholarship by Parker College of Chiropractic in Dallas, Texas and graduated in 2009.. He has now returned to Jamaica and commenced practice there. Jamaica has few chiropractors and no laws to recognize chiropractic, and one of Neil's goals is to see the profession properly established in his home country.



Dr Neil Gardner

In a thank you letter to the WOA and ISCA Dr. Gardner explained that "the two most important days in your life are

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## WOA CHIROPRACTIC SCHOLARSHIP PROGRAM FOR OLYMPIANS CONTINUED...

the day you were born, and the day when you find out why you were born.”

For him, a main purpose is to serve his community as a doctor of chiropractic. Read his full letter at [www.iscasport.org/wp-content/uploads/2010/01/NeilGardner.pdf](http://www.iscasport.org/wp-content/uploads/2010/01/NeilGardner.pdf)

“Dr Gardner received the first standing ovation in 10 years for a valedictorian when he gave his speech at graduation”, says Parker College President, Dr Fabrizio Mancini, “and Parker College is fully prepared to support him in his work to establish the chiropractic profession in Jamaica.”



*Dr. Gardner wins the 400m hurdles NCAA title at Haywood Field, Eugene, Oregon in 1996.*

Nine Olympians from various countries have been accepted into the OSP scholarship program, including for example Lindsay Alcock from Canada, Hugo Munoz from Peru, and Morgan Hamm from the USA. At present several Olympians are working on meeting the pre-requisites they need to gain access to the scholarship program.

If you know of an Olympian in your country who is interested in a scholarship to study and then qualify as a doctor of chiropractic please contact me at [ChiroCentric@aol.com](mailto:ChiroCentric@aol.com)



*At the recent ACA Sports Council Annual Symposium in Puerto Rico, FICS President Dr Sheila Wilson (center) is pictured with 2 OSP scholars currently studying at Palmer College West Campus, San Jose: Lindsay Alcock (left), of Canada (Skeleton 2002 and 2006 Olympics) and Melissa Hoar, Australia (Skeleton-2010 Olympics).*

### CONGRATULATIONS TO THESE RECENT GRADUATES FROM THE ICSSD PROGRAM

**Sam Everest, Australia**  
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**Ian Pau, Australia**  
**David Steven, Australia**  
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First, however, congratulations to the following successful applicants:

- Alban Merepeza, *Canada*
- Andrew Robb, *Canada*
- Angela Salcedo, *USA*
- Anthony DeLuca, *USA*
- Carlo Guadagno, *USA*
- Carlo Vinci, *Italy*
- Clark Konczak, *Canada*
- Frances Halberg, *Mexico*
- Gustavo Saavedra, *Mexico*
- Hami Sadri, *USA*
- Hector Renero, *Mexico*
- Henrik Hojgaard, *Sweden*
- Ira Shapiro, *USA*
- Jason Izraelski, *Canada*
- Jeff Cubos, *Canada*
- Jose Manuel Guasque, *Mexico*
- Leonard Ershow, *USA*
- Luis Altamirano, *Mexico*
- Mohsen Kazemi, *Canada*
- Nadia Richer, *Canada*
- Octavio Terrazas, *Mexico*
- Oscar Margain, *Mexico*
- Ramon J. Flores, *Mexico*
- Raul Carrillo, *Mexico*
- Rene Castillo, *Mexico*
- Robert Wasserman, *Singapore*
- Rodrigo Sanchez, *Chile*
- Sara Brookes, *UK*
- Saul Luengas, *Mexico*
- Scott Gillman, *USA*
- Scott Howitt, *Canada*
- Sean Graham, *Canada*
- Sherri LaShomb, *USA*
- Steve Hanson, *USA*
- Thien Dang-Tan, *Canada*
- Tim Ray, *USA*
- Timothy Stark, *USA*
- Todd Narson, *USA*

### The Selection Process

FICS received over 90 applications from doctors in 16 countries. Information from these applications was then blinded as to race, nationality, gender, origin of education and professional association.

Applicants had been asked to provide information on the following criteria: the extent of post-graduate sports chiropractic education; on-field experience as a sports chiropractor at local, national and international levels; and membership and

participation in local, national and international sports chiropractic organizations as a member and volunteer.

Several Games Commission members individually scored all applicants on a 100 point scale, and then a further member of the judging panel averaged scores to provide a final ranking list. The team was selected according to that ranking.

The final team has 38 doctors from 9 countries and, of these, 82% have not worked previously on a FICS team or mission. One benefit of this is that there will now be a larger pool of internationally experienced doctors to choose from for future games. The final team does include some substitutes for doctors chosen who were then forced to withdraw because of other commitments.

So now we take a long-awaited stride into history for our profession. In closing, I want to acknowledge those within FICS and sports chiropractic who have worked so hard over the years to make this moment possible - believing inclusion could come, pledging their dues, volunteering their time, and working on one patient, one athlete, at a time to build the reputation and specialty of sports chiropractic.

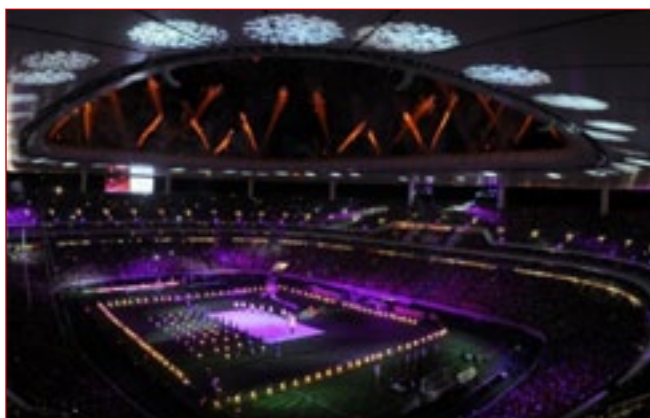
Thank you all – our most grateful thanks to you.

### Sports Medicine Congress Report

As the first official event of the XVI Pan American Games, but prior to the games themselves, there is a major scientific and clinical meeting titled The Pan American Sports Medicine Congress. This was held in Guadalajara, Mexico, from July 27-30, 2011.

This year the Congress featured an impressive number of chiropractic presentations. This was possible because of the full inclusion of the chiropractic profession by COPAG, the Games Organizing Committee, and because of generous sponsorship from **Logan College of Chiropractic University Programs**, the **Northwestern Health Sciences University** and other sponsors. The Congress comprised plenary sessions with 29 keynote speakers, and 17 breakout symposia and workshops. Chiropractic presentations included:

- Keynote presentations from William J. Moreau DC, Director of Sports Medicine Clinics for the US Olympic



Dr Saul Luengas (Left) with Dr Bill Moreau.

Committee (*Chiropractic Science Applied in The Multi-disciplinary Management of Sports Medicine*) and Jonathan Mulholland DC, Northwestern Health Sciences University and a member of the US Sports Medicine Team for the Vancouver Paralympic Games in 2010 (*The Challenges and Concerns of Working with Paralympic Athletes*).

- Other sports chiropractors giving lectures were Dr Raul Carrillo, Mexico, (*Chiropractic Treatment of Acute Cervical Pain Syndrome During Competition*), Dr Francisco Diez, Mexico, (*Functional Impact of the Correction of Biomechanical Changes in TKD Athletes Via the Application of Chiropractic Procedures: Prospective Double Blind Study*), Dr Kevin Jardine, Canada, (*Therapeutic Mechanisms Underlying the Clinical Application of Kinesiology Tape*), Dr Laney Nelson, USA, (*A Pilot Study of Force Generation at the Achilles Tendon in 0°, 30°, 60° and 90° of Knee Flexion*) and Dr Ramiro Ramirez, Mexico, (*Advantages of Minimally Invasive Surgery in Herniated Disc in High Performance Athletes*).
- Technique workshops, presented to a multi-disciplinary audience of chiropractors, medical doctors and physical therapists, many of whom will be working at the Pan American Games, were on *Graston Technique* by Dr Tim Stark, USA and *Kinesiotaping* by Dr Kevin Jardine, sponsored by Spidertech. Dr. Jardine was assisted by Dr. Angela Salcedo, USA, Dr. Rodrigo Sanchez, Chile, and Dr. Saul Luengas, Mexico.

“This was the first time that chiropractic speakers have been invited to a Pan American Sports Medicine Congress”, reports Dr Luengas, COPAG Chief of Chiropractic Services, “and they were an important part of a very successful event attended by many Pan American and Mexican sports medicine and political leaders.”

For pictures of the Games facilities see Appendix A, pages 18-21



Some of the chiropractic speakers and delegates.



Dr Kevin Jardine at the kinesiotaping workshop.



(From left) Dr Luengas, COPAG Chief of Chiropractic Services, with Dr Antonio Lopez, Executive Director of the Pan American Sports Medicine Congress and Director, Guadalajara Sports Medicine Institute, and Dr Raul Carrillo, who lectured on chiropractic management of acute cervical pain syndromes during competition.



Dr. Laney Nelson, Director, Sports Science and Rehabilitation Program, Logan College of Chiropractic (left), with Dr. Kevin Jardine of Toronto, Canada and colleague.

# AROUND THE WORLD IN SPORTS CHIROPRACTIC

## Australia



### ICSSD Module-Sydney

A FICS ICSSD Lower Extremity Hands-on Module was presented at the Mercure Sydney Hotel from July 22-24, 2011. Sixty eight participants were in attendance for this three day seminar which reviewed the conditions, soft-tissue treatment and functional adjustment techniques pertaining to the lower extremity.

Expert faculty for this seminar included:

- Dr. Peter Garbutt, President, Sports Chiropractic Australia, who has been a professional beach volleyball team chiropractor for the past 12 years.
- Dr. Brian Nook, Associate Professor and Dean of the School of Chiropractic and Sports Science at Murdoch University, Perth. Dr. Nook, who serves as Chair of the FICS Interfederal Commission, has been Chef du Mission at various Olympic and World Games.
- Dr. Henry Pollard, Associate Professor, Faculty of Health Science, Australian Catholic University, and Adjunct Associate Professor, Murdoch University, Perth. Dr. Pollard is author of 120 peer reviewed articles on sports injury and chiropractic.



Also lecturing was Dr. George Pitsis, a local sports medicine physician who provided participants with information about his practice and use of sports chiropractors.

Nine people sat the ICSSD written examination and were all successful at passing the exam. With the new online eLearning system those recently enrolling for the ICSSD will not need to take this examination. Those celebrating their achievement of passing the exam are: Kevin Ivins, Elizabeth Walker, Daniel Tan, David Steven, Lee Round, Sam Everist, Lyndall Daley, Mark Brownlie and Braddon Atkinson. Congratulations to these high achievers.

On behalf of FICS and its Executive Council Dr. Peter Garbutt presented an Outstanding Service Award from FICS to Brian Nook for his contribution to FICS over the past 20 years.

Our future plan is to offer the Upper Extremity module in New Zealand or Australia in 2012 – look for further details at the FICS website soon.

*Submitted by Deb Nook, FICS ICSSD Coordinator Australasia.*



*Dr. Deb Nook (left) presents an attendance certificate to Dr. Elizabeth Walker.*

## Colombia



### World Cup of Futsal or Futbol Salon

Futsal, or football salon, is a variant of soccer that is played on a smaller pitch, mainly indoors and between teams of 5 players including goalkeeper. Its name is derived from the Portuguese futebol de salão and the Spanish fútbol de salón (colloquially fútbol sala), which can be translated as “hall football” or “indoor football”.

The Futbol 2011 X World Cup Indoor Soccer championships were recently held in 4 cities of Colombia - Bogota, Bello, Bucaramanga, and Villa Vicencio – and Parker University College of Chiropractic of Dallas, Texas was invited



*Dr Eleisha Serrano with Jorge Cuervo, a member of the victorious Colombian Team.*

to provide chiropractic services. I was honored to lead the team, treating athletes in my home city of Bogota. Under my supervision were Parker senior interns Eric Drazich and Oscar Romero.

We treated athletes from Venezuela, Paraguay, Russia, and Colombia. The most common injuries were: knee ligament sprain, low-back tightness and subluxation, strain sprain of the ankle, rib subluxation, and overall tightness. During the semi-final game, I had to assist a Russian player with a knee injury.

All these countries were well-informed about chiropractic and KT tape, which we used with a few athletes. However, the Erchonja laser and Graston instruments were something new for them, and we made sure they understood and saw their importance in the treatments offered.

All the games were very exciting, especially as my country of Colombia had the lead in all the games we saw. The final was Paraguay against Colombia with Colombia winning by 8 - 2. The third place was won by Argentina, with Russia in 4th place.

*Submitted by Aleisha Esther Serrano-Alvira DC, CCSP, Staff Doctor Abroad, Parker College*



*Oscar Romero, now Dr Romero (left) and Eric Drazich, now Dr Drazich.*



*Dr Drazich at work.*

## Singapore



### 2011 World Latin Championship FICS Team at World DanceSport Federation Event

The World DanceSport Federation held their 2011 World Latin Championships on September 10 in Singapore. This included 92 internationally ranked couples competing in the discipline of Latin Dance. Latin dance includes various different styles including Samba, Rumba, Jive, Paso Doble and Cha Cha Cha.

A FICS delegation was invited to support the athletes at this event. FICS had worked previously with the World DanceSport Federation and their dancers at the 2005 and 2009 World Games. Negotiations with the World DanceSport Federation at the SportAccord meeting in London in April of this year resulted in this test event for FICS involvement in the World DanceSport Federation's world championship series.

Through local contacts by Dr. Robert Wasserman, President of the Singapore Chiropractic Association and the representative for the Asian Region on the FICS ExCo, and Shawn Tay, General Secretary of World DanceSport Federation and



*The FICS Team (from left) of Dr Daniel Tan, Dr Brian Nook, Dr Rob Wasserman and Eve Cooper.*

convenor of this event, the World Latin Championships were chosen as the test event in Singapore.

The FICS delegation included Drs. Robert Wasserman and Daniel Tan from Singapore, and Dr Brian Nook, Chef du Mission, and Eve Cooper, a 5th Year chiropractic student, from Murdoch University.

The team treated 26 different dancers from the 182 competitors at this event. Several of the dancers returned for repeat treatments. The final statistics for the event are being tabulated for publication. This one day event started at 9:30 am and finished in the evening with a Grand March of athletes and final dance competition to announce the champions.

The world of dance sport is quite unique, as the photographs show. It provides not only world class dancing but also the pomp and circumstance, and the glamour and prestige of a highly professional arts and entertainment event. A four course meal was included for individuals fortunate enough to have a final ticket for this event.

All treatments were provided on a voluntary basis and free of charge. Some athletes were treated using chiropractic manipulation, many had soft-tissue work provided and others were strapped. Some were instructed to return for follow up care later in the day and did so.



*Dr Wasserman at work.*

This was a great opportunity for the FICS delegation to see firsthand the types and prevalence of injuries sustained by athletes in an international dance event, and to focus their skills in a competitive arena.

We have already received very positive feedback from the World DanceSport Federation and local organisers concerning our involvement with this event and their athletes. The FICS International Federations Commission will continue to develop this relationship with a view to serving WDSF events in the future.

*Submitted by Eve Cooper and Dr Brian Nook.*

## United Kingdom



### European Tug of War Championships

Through the auspices of FICS and the International Tug of War Federation (TWIF) chiropractors Rob Scott, Kay Pearce, Rainer Weiser and Mark Warren worked over a four day period at the European Championships held in the UK at Minehead, Somerset, from September 22-25.

Tug of War is a fascinating sport that demands a high level of fitness and dedication. With over 1400 contestants at the Championships the team of chiropractors was worked very hard and the feedback from the TWIF officials was very positive. They are definitely very committed to having chiropractors at their big events and we encourage FICS to make sure that this particular arrangement continues.

The message regarding treatment before the event rather than after is beginning to filter through and can only be beneficial to all involved. If your country is hosting any TWIF events please make sure you continue the good work put in previously at the last three events. The European Championships are in Switzerland next year.



*Rob Scott at TWIF European Championships.*

**BCSC and BCA Autumn Conference**

The British Chiropractic Sports Council (BCSC) was delighted to be asked to help coordinate with the British Chiropractic Association on their annual Autumn Conference. Because of the imminence of the 2012 Olympics the theme was naturally sports related – the theme being “Team Players: Chiropractors in Sport”.

The BCSC organised the speakers and Mike Murray of Canada and Brian Nook of Australia furnished the conference with their experience, enthusiasm and humour. Brian talked of many things including his latest research into using ultrasound to visualise the production of the gas bubble during an adjustment. He showed the conference the relevant research and demonstrated some different ways of treating, assessing and screening. And he discussed FICS’s role in the World Games and its relationship with SportAccord and the IOC. Most importantly he urged that we must change what we do to fit the patient rather than making the patient fit what we do.

Mike Murray enthused about working at the Olympics and also demonstrated some techniques that were new to many of the delegates. Littered with examples, case histories and tales, Mike’s presentation showed how worthwhile and beneficial working at that level can be. Hopefully, as a result, many delegates left with a better idea about their future plans in sports chiropractic.



*Dr Mike Murray and Dr Brian Nook*

Other speakers included Tom Greenway, who has been largely responsible for getting chiropractors included in the 2012 Olympics. Tom explained how those selected would work and be rewarded by a fantastic experience. He impressed on all the need for teamwork and inter-professional relations.



*Dr Tom Greenway.*

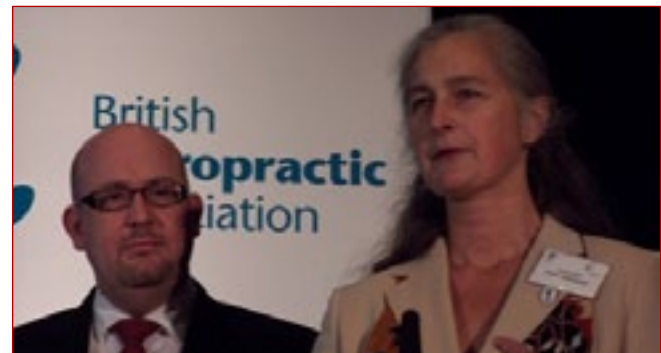
Lynne Booth, the Clinical Lead for the Physical Therapies Workstream for the Olympic Games, explained in great detail the level of management and planning that goes into a successful event. The size and complexity of the whole event is truly mind-boggling and one begins to appreciate why 70,000 volunteers are needed to run the show. It made one realise how small the profession is in the face of the big picture.

Paul Cheung, who is the chiropractor for the Formula 1 Red Bull Team, talked about his working weekends at the Grand Prix circuits around the world. Being Sebastian Vettel’s chiropractor while he is on a winning streak must be a big buzz. Apart from looking after the drivers he also looks after the pit crew and during the race has a second responsibility as rain spotter for the team. You never know where this job may take you.

Ulrik Sandstrom talked about the opportunities he had experienced, including being asked to help treat his Club players within the England rugby setup prior to the current Rugby World Cup being played in New Zealand. More importantly his message included advice about to be part of the medical team

All the speakers pressed home the same message - that however passionate we are about chiropractic we should be humble about the services we provide, respect other professions and be part of the team. Quite difficult for many of us who work on our own, but good food for thought for those who wish to work in sport.

*Submitted by Dr Rob Scott and Dr Carla How, Secretary and President, BCSC*



*Dr Carla How, BCSC President with Dr Richard Brown, President, British Chiropractic Association.*

**AECC Team at European Handball Championships**

As reported in the June issue of the FICS News, a team from the Anglo-European College of Chiropractic (AECC) became British University Handball Champions in February 2011, thereby qualifying for the European University Handball Championships which were held in Croatia in July 2011. Not only that, but the AECC team are the first British handball team ever to play in any official tournament.

Croatia was to be a costly trip. As well as training, the priority was to raise as much funds as possible to help pay for travelling, accommodation, etc. as well as equipment such as new jerseys, which were stipulated in the regulations. Most of the funds required were eventually raised from the chiropractic profession and a few charity/company sponsors – all the players helped with the fundraising as well as the AECC Marketing Department, so it was another good team effort by all concerned.

Despite feeling confident, the team was aware that handball standards in Europe are extremely high as in many countries it is second only to football both in terms of participation and as a spectator sport, whereas in the UK it is virtually unknown.

The AECC team was drawn to play in its group against the University of Rijeka, Croatia (the hosts), as well as the University of Nijmegen (Netherlands), and a team from Portugal. Following on from this, further matches were played against teams from Turkey and Germany.

Despite their best efforts and a promising start, the AECC lost these matches. This was due in no small part to injuries sustained by many of the players which meant that, by the end, there were fewer players left standing than not! As the team sustained so many injuries, several individuals had to play in positions unfamiliar to them and in the end the AECC team only managed to achieve 15th position (out of 16).

The tournament also coincided with 77 people being killed in Norway, firstly in a bombing in Oslo and secondly through a massacre on an island where a youth camp was being held. There are 8 Norwegians on the AECC handball team and these events deeply affected the morale of the players. Fortunately, nobody on the team lost anyone close to them. The AECC team, together with a women’s team from Norway, wore black ribbons for the rest of the tournament. Prior to the men’s final here was a minute’s silence honouring those who had lost their lives.

However, despite the final score and the various set-backs, the team played very well at times and gained much experience, clearly demonstrating what it would be capable of given more training and experience at this level. The fundraising efforts, the matches played, the injuries and even the terrible events in Norway all helped to bond the players closer together.

The team is proud and pleased to have been able to represent the AECC and the UK at this prestigious event and is keen to continue improving so it can defend the British University Handball Championship and thereby go for gold in Europe next year: roll on 2012!

*Submitted by Anna Dore, Anglo-European Chiropractic College .*

**USA**



**World Track and Field Championships**

I was honored to serve on my second USA Track and Field World Championships Medical Staff from August 15 to September 4 in Daegu, South Korea. It was an amazing experience, filled with hard work and great memories.

The entire medical staff was awesome and we all worked together as a cohesive team to take care of the athletes’ treatment, recovery and peaking needs. The staff was comprised of 15 providers and this was the largest medical staff that the USA had taken to a world championships.

The team included: medical doctors, sports chiropractors, sports massage therapists, athletic trainers/physician assistants, and sports psychologists. Every member had previously served on a USA Track and Field national team and had experience with our elite athletes.



*Dr. Josh Glass*



*Dr Glass (back row, third from right) and the US Medical Team*

Team USA remained the top track and field country in the world with 25 medals. Some personal highlights for me include: working with Trey Hardee between each of the 10 events of the decathlon as he successfully defended his world championship, taking care of Allyson Felix as she competed in 8 races in 9 days and won 4 medals, and helping my Atlanta patients Dwight Phillips, who won his 4th long jump, and Christian Taylor, who at 21 years old won his first triple jump world championship.

*Submitted by Josh H Glass, DC, CCSP, ACA Sports Council Member, Atlanta, Georgia.*

### **ACA Sports Council in Puerto Rico**

The ACA Sports Council's Annual Symposium was held in Puerto Rico this year at the end of July. The event was well-attended and a great success, with sports chiropractic leaders from throughout North America present.

These included ACA Sports Council Past Presidents Drs. Robin Hunter, Tim Ray, Jeffrey Solomon, Bill Bonsall and Sheila Wilson, currently FICS President. Hall-of-Fame members present were Dr. John Danchik, and Drs. Tom Hyde and Phil Santiago, past and current FICS Secretary-General.

Dr. Moises Hernandez from Mexico, President, Federacion Mexicana de Quiropractica Deportiva (FMQD), and Dr. Glenn Harris from Canada, President, Royal College of

Chiropractic Sports Sciences (RCCSS) represented their countries.

Dr. Ed Feinberg of Palmer College of Chiropractic, West Campus, was named the Sports Chiropractor of the Year. Many FICS members around the world are Palmer West graduates with fond memories of Dr Feinberg's major contribution to their education and sports chiropractic clinical skills – well deserved and congratulations Ed!



*Dr Ed Feinberg, ACA Sports Council Chiropractor of the Year at work at a recent seminar*

APPENDIX A:  
XVI PAN AMERICAN GAMES FACILITIES, GUADALAJARA, MEXICO



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